Meeting Minutes:

**Mono County Behavioral Health (MCBH)**

**Behavioral Health Advisory Board (BHAB) Meeting**

**Wednesday March 13, 2023, from 3:00-4:30 pm**

In-person locations (required for BHAB members):

Mono County Civic Center (\*\*\* New location\*\*\*)  
Carson Room (2nd floor – on the left just before the MCBH front office)   
1290 Tavern Road Mammoth Lakes, CA 93546

Bridgeport Memorial Hall  
73 North School Street Bridgeport, CA 93517

Hybrid Zoom Option:<https://monocounty.zoom.us/j/7609242222>  
Call in: +1 669 900 6833  
Meeting ID: 760 924 2222

Attendees: Stacy Corless, Ingrid Braun, Dirk Addis, Lynda Salcido, Rolf Knutson, Lauren Plum, Amanda Greenberg, Robin Roberts, Lois Klein, Jenny Weaver, Marcella Rose, Carolyn Balliet, Margee Neer, Krista Cooper

1. Public Comment
   1. No public comment
2. Approval of minutes from December 11, 2023 (Action)
   1. Approved
3. Consideration of Jenny Weaver for Behavioral Health Advisory Board membership (Action)
   1. Jenny Weaver: introduced herself: safety manager at Mammoth Mountain Ski Area (MMSA); has taken the lead on mental health outreach for MMSA employees; Stacy: recommendation to submit Jenny Weaver’s application to the Mono County Board of Supervisors (BOS) for appointment to BHAB; Rolf believes that Jenny’s position should always be eligible; We should reach out to Chief Casabian to see if he would like to start attending BHAB; Ingrid: motion; seconded by Dirk; all approved; Amanda will put the item on the BOS agenda and send application to clerk
4. Behavioral Health Department Updates
   1. Community Programming
      1. Paradise Paradox – if we do a staff screening, please invite BHAB members; unfortunate timing with the storm; idea to have an annual screening of the film at the beginning of the season; seems like this time of year, people typically having a harder time; would love to partner with Steve Mace at ESAC again – great example of vulnerability; gave out 50+ Narcan kits at event and left 10 kits with the Forest Service; want to get Narcan out to campground hosts;
         1. Screen this film during Mental Health Month - perhaps rent out the movie theater
         2. Could screen it at the June Lake Community Center
      2. Mental Health First Aid (MHFA) is happening tomorrow
         1. Disable Sports Eastern Sierra has requested an MHFA course for their volunteers and we are working on scheduling that
      3. Foro Latino Art Night – partnering with Mono Arts Council
      4. Spring programming:
         1. Mindful hiking and community garden will be back
         2. Benton Social: Robin will be presenting on grief end of the month
         3. Doing a harm reduction presentation for Benton’s Tribal Council
      5. Stocked all the fire depts, probation, medics with Narcan for low barrier distribution; going to talk to some bars, restaurants, dispensaries, liquor stores about possibly handing out Narcan; can we get Narcan at all MMSA food and beverage outlets? Yes - all restaurants on mountain already have a Narcan kit next to first aid kit
         1. Ingrid will check with jail to ensure that they are still passing out
         2. There’s more cocaine use in restaurant kitchens right now – possible that fentanyl could be mixed in and anecdotally there have been some reversals
         3. Marcella will help connect with Rhino’s and Burger Barn in Bridgeport
         4. Fentanyl test strips go out with all the kits – Jenny wants more and will get them into all the kitchens
      6. This winter and spring, we have had a more focused effort to have more presence on school campuses.
      7. Discussion of Mindful Moments on MCBH’s Facebook page.
   2. DMC/SUBG Audit
      1. We had an audit of our Drug Medi-Cal and Substance Use Block Grant funding at the beginning of the month that went quite well. We are always learning with these audits, and this was no exception.
   3. MHSA Program Review
      1. Very grateful to be finished with our MHSA Program Review, which takes place every three years. Thanks in part to the work of the BHAB, we were able to meet all/most of our requirements. We should hear back from DHCS within 60 days.
   4. Community Program Planning Process (CPPP) Update
      1. We have gotten about 50 survey responses and Lauren’s team has been incorporating CPPP activities into wellness and community programming.
   5. Discussion of Proposition 1 – on the 15th they will certify; today it’s 50.1% vs. 49.9%
      1. Not winning by the landslide that the governor predicted; if it passes, there’s a lot of talk around how there may be clean-up language or another referendum so that counties are not impacted in the same way; went before the BOS a month ago and explained the fiscal, programmatic, reporting requirement changes; hoping there will be limited change in terms of what the public experiences; since we have until 2026, we will be doing a lot of lobbying with Rural County Representatives of California (RCRC), California State Association of Counties (CSAC) – want to get our messaging a little farther to the top
      2. Lynda was on a call with CSAC – hanging off until yes/no declared, but their first action will be to advocate for small counties
      3. Talking about possibly using Opioid Settlement Funds to offset possible programmatic changes
   6. Upcoming MCBH items before the Mono County Board of Supervisors (BOS)
      1. There will be an MOU (Memorandum of Understanding) between MCBH and the Medi-Cal Managed Care Plans regarding coordination of mental health services. There is also an MOU related to the Eastern Sierra Continuum of Care related to Homeless Housing Assistance Program grant funds.
   7. Data notebook
      1. Staff completed the data notebook on behalf of the BHAB. The subject was the CPPP. You all received a copy via email and we appreciate your review!
5. Quality Improvement Discussion Topic
   1. Discussion of The Sawyer – permanent supportive housing development policy, lease-up process, etc.
      1. 81 unit complex in Mammoth Lakes, phase 1 of parcel project, to qualify tenants must make 80% or less of the area median income (AMI). We will have 13 units - April 15 is projected move in day for small building; we will have office space – phased move in, smaller building ready sooner (no studios), larger building (studios); tomorrow 12-13 households to interview with Buckingham Property Management to apply for housing, and our clincal team has been incredible this week getting clients prepared for this meeting. We also finalized our policy and procedure on tenant selection, and are working closely with Eastern Sierra Community Housing (ESCH) to get clients entered into coordinated entry system.
      2. The coordinated entry system is housed within homeless management information system, which is a federal requirement to track homelessness; as units open up they will move clients from coordinate entry system to permanent supportive housing units and places like Innsbruck Lodge, which will open spring 2024.
      3. Phase 2 fully funded – possibility for securing more units, dependent on AMI
      4. Is it 80% ami or 60% ami: confirmed after the meeting that it is 80% AMI
      5. Letter of requirements didn’t go out to all community members equitably
      6. Concerns about weather damage on new units
      7. Encourage those who are critical to stay involved in conversation
      8. The Town’s investments in housing are pretty admirable, unprecedented in mountain communities
      9. Potential trickle down effect, as more people move into housing, more housing will become availability
      10. HOA’s losing fire insurance, less than 25% in short term rental, larger forces at play in housing
6. BHAB presentation to the BOS
   1. Proposal to do it May 7 in Bridgeport – pair it with mental health month proclamation (post-meeting note: this will occur on May 14 since the May 7 meeting is cancelled)
      1. Ingrid will chair the sub-committee
      2. Ingrid will reach out to Queenie
7. Board Member Reports
   1. CB: Salvation Army Monday and Friday 4-6pm; Filming at mammoth mountain 3/16 and excess food will be distributed to community, this would be packaged food. Any food insecure clients? Reach out to salvation army. Rolf working on logistics.
   2. RK: food distribution efforts are underway; Funded a camp in Minnesota – Camp Knutson – fully medically supported
   3. MR: Really busy with recreation and trails job; community really loves the Bridgeport Social; feedback from fire dept: multiple people who have attended MHFA and they are grateful
   4. SC: could we do a BHAB special short training? Lauren will work with Susi on this; there is a training/conference sponsored by the Local Behavioral Health Boards and Commitions Agency on Friday April 19-20 in Sacramento – online or in-person – one board member can be funded to attend in person
   5. LK: did the MHFA training last fall and would love a refresher; would also be fun to see a unit at the Sawyer
   6. IB: Sheriff’s Office is taking over animal control; town is interested in contracting with the county for animal control; Potential road show or podcast in addition to county work; Behavioral Health to help with some of the employee wellness parts of the transition of animal control
   7. Lynda: BOS appreciated the presentation on Prop 1, the more they hear – the better; the County is really close to purchasing some units for employee housing; CSAC ready to carve out small counties from Proposition 1; Discussion on access to female hygiene product and harm reduction supplies
   8. DA: outreach programs are going smoothly – looking forward to 3rd annual Eastern Sierra Pride
   9. Krista: Access to technology grant – tech classes for seniors; Granpads for seniors - over 20, closer to 30; Antelope valley senior center facelift – painting, lighting, baseboards, outside touchup, new kitchen equipment and appliances, potentially new vehicle; Yoga and bingo in Chalfant well attended
   10. Marjoree: Toiyabe discussion about harm reduction; Trying to attend socials more regularly; New nurse in Bridgeport; CalAIM – bold goals are more behavioral health related; Seeking office space at walker wellness center – dedicated time (not full time) rent?
   11. Jenny – mammoth mountain community foundation – mental health initiative
8. Future items
   1. BHAB presentation: Ingrid to present draft Powerpoint
   2. CPPP Focus Group
9. Confirm meeting schedule for 2024 and adjourn to next meeting
   1. **April 8, 2024: 3:00 – 4:30pm**
   2. **2024 Calendar: April 8, 2024; June 10, 2024; August 12, 2024; October 21, 2024 (note this is the 3rd Monday due to Indigenous People’s Day); December 9, 2024**

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In compliance with the Americans with Disabilities Act, anyone who needs special assistance to attend this meeting can contact the Behavioral Health Department at 760-924-1740 within 48 hours prior to the meeting in order to ensure accessibility (see 42 USCS 12132, 28CFR 35.130). MONO COUNTY BEHAVIORAL HEALTH DEPARTMENT P. O. BOX 2619 MAMMOTH LAKES, CA 93546 (760) 924-1740 FAX: (760) 924-1741